

FACTORS ASSOCIATED WITH ELDERLY VISITS TO ELDERLY INTEGRATED SERVICE POST IN DURIAN KENAGARIAN GADANG PUSKESMAS GAMBOK SIJUNJUNG 2014

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ABSTRACT

Elderly IHC is the development of Government policy through health care for the elderly which operate through the PHC program, involving the participation of the elderly, families, community leaders and social organizations in its implementation. The average visit to Posyandu Elderly from January to March in Kenagarian Durian Tower Puskesmas Gambok Sijunjung is 48% of the population. This study aims to determine the relationship of knowledge, the role of Posyandu and support the family with a visit to the IHC Elderly. This research used descriptive analytic with cross sectional approach conducted in Kenagarian Durian Tower in 2014 with a sample of 159 respondents by using Chi-Square. Hasil research found there is a relationship between knowledge (pvalue = 0.001 and OR = 3.222), the role of cadres (pvalue = 0.010 and OR = 2.501) and family support (pvalue = 0.000 and OR = 11.410) with a visit to Posyandu elderly. Diharapkan to family and health cadres to be able to increase the motivation of the elderly so that they are willing to attend to the elderly Posyandu each month.

Keywords: Knowledge, Cadres, Family, Elderly

Background

Improving Social Welfare Elderly is a series of activities carried out in a coordinated manner between the Government and the community to empower the elderly so that the elderly can still perform their social function and play an active role in social life naturally, nation and state (PP No. 43 Th 2004), While the efforts of health care for the elderly should be directed to maintain in order to stay healthy and productive life socially and economically in accordance with the dignity of humanity. Efforts to health care for the elderly is done by Government, Local Government and / society. (UU No. 36 Th. 2009).

Integrated Service Post (Posyandu) Seniors according to the Guidelines for IHC Seniors, Elderly National Commission in 2010 is a further container service to the elderly in the community that the process of formation and implementation is done by the people together with non-governmental organizations, inter governmental and non-governmental sectors, private, social organizations and others with health care focused on promotive and preventive efforts. The Posyandu elderly can also be provided social services, religion, education, skills, sport and arts and culture as well as other services needed by the elderly in

order to improve the quality of life through health and welfare to support them. In addition they can work and develop their own potential. There are several factors that lead to low behavior of the elderly visited Posyandu. Predisposing factors consist of education, knowledge, attitudes, and perceptions. Supporting factors consist of families, and the availability of time. And reinforcing factor is the attitude (Notoatmodjo, 2010).

Sijunjung Health Department has 11 health centers, community health centers Gambok which has an area of 467.87 km² work and 31% hilly terrain, there are 3 Nagari in Puskesmas Gambok, namely Muaro, Silokek, and Durian Tower. The average visit to Posyandu Elderly from January to March in Muaro Nagari is 685 elderly (58% of the population), in Nagari Silokek is 51 Elderly (51% of the population), and in Nagari Durian Tower is 126 elderly (48% of the population). Based on the data obtained the number of visits was lowest for the Nagari Durian Tower. And from preliminary studies done by interviewing elderly 8 in Nagari Durian Tower, 2 people say do not know about the benefits of Posyandu elderly, one person said the family did not want to drop off and accompany the implementation of the current

elderly Posyandu elderly, two people said their families while in the invented deliver Posyandu , one person said cadres never told schedule elderly Posyandu activities, one person said cadres often visit to the house, and one more person says he regularly to the IHC to determine their health status.

The purpose of this study was to determine the factors associated with kunjungan Lansia to IHC Elderly in Kenagarian Durian Tower Sijunjung 2014

Research Methodology

This research uses descriptive analytical method with cross sectional approach. The research population is elderly aged 60 years and above in Kenagarian Durian Tower Sijunjung 2014, amounting to 263 people and is used as a sample of 159 elderly people. Analysis using univariate and bivariate analysis with chi-square test.

Results and Discussion

Table 1. Knowledge Relationships, cadres Role and Family Support with Visits to Elderly Integrated service post in Kenagarian Durian Gadang Sijunjung 2014

Variabel	Elderly visit to integrated service post				P	OR
	Good		Not good			
	%	n	%	n		
Respondents knowledge						
High	73	71.6	29	28.4	102	0.001 3.222
Low	25	43.9	32	56.1	57	
Cadres role						
Plays	68	70.1	29	29.9	97	0.010 2.501
not	30	48.4	32	51.6	62	
Participate Family						
Support	62	88.6	8	11.4	70	0.000 11.410
Support	36	40.4	53	59.6	89	
Not support						

The elderly who have low knowledge visit to Posyandu elderly are not so good. This is because the elderly are not so aware of the understanding, benefits and types of activities carried out at the IHC Elderly. Elderly Some also said that they were reluctant to come to IHC because they feel bored with the activities at Posyandu elderly and they were afraid to check his health, for fear of the possibility of bad will happen to his health, so that the

elderly do not really care about any activities undertaken in IHC Elderly.

If the Elderly get good service from the cadre, of course, the Elderly will be glad to visit Lansia. Sedangkan Posyandu cadres who do not play a role also in touch with not good visit to Posyandu elderly. This is illustrated by the statement of respondents who said that they did not come to Posyandu, cadres do not visit the house and invites elderly to come to Posyandu elderly, this is because the distance between home Elderly at home too much and cadres cadres also did not have a vehicle to visit the elderly to his home and kaderpun not always do counseling posyandu activities, this is because the material is very little known cadres and cooperation to the health such as health centers are still not optimal.

According to researchers based on research that has been conducted for more than half of the respondents who have no family support turns Elderly visit to Posyandu well. This is illustrated, the statement of respondents stated that although the family did not have time to escort and assist the elderly to Posyandu elderly, and families are also less seek a healthy and nutritious meals for the elderly, but the elderly still have a high willingness to pay a visit to Posyandu elderly because elderly itself already know the information, benefits, and the type of activities carried out at the IHC Elderly. Elderly also consider counseling is done in Posyandu is important, because of the extension Elderly know information about health, so that they can maintain their health. Due to the high self-motivation elderly who have no family support still had a good visit to Posyandu.

While there are some elderly people who receive family support but still not been to elderly Posyandu. This is illustrated by the statement of respondents who said that their family had to provide information about the benefits of Posyandu elderly, advising the elderly to maintain their health and provide good support to the elderly on the implementation of the Elderly IHC, but Elderly itself that does not want to pay a visit to IHC because they feel lazy and bored with the existing activities in the IHC Elderly and prioritize them to work and earn money while IHC Elderly implemented.

One that can be done is a health center in order to add to the schedule of the Elderly IHC 2 times or 3 times in sebulandan can create new activities that the elderly do not feel bored to come to Posyandu elderly, such as the holding of competitions in sports and cooking among the Elderly .Diharapkan to family and health cadres to be able to increase the motivation of the elderly so that they are willing to attend to the elderly Posyandu each month.

Conclusion

1. There is a significant relationship between knowledge of the Elderly with a visit to the IHC Elderly Elderly in Kenagarian Durian Tower Sijunjung 2014 with pvalue value = 0.001, and the value Odds Ratio (OR) = 3.222.
2. There is a significant relationship between the role of the health cadres with a visit to the IHC Elderly Elderly in Kenagarian Durian Tower Sijunjung 2014 with pvalue value = 0.010, OR = 2.501 and the value.
3. There is a significant relationship between family support with a visit to the IHC Elderly Elderly in Kenagarian Durian Tower Sijunjung 2014 with pvalue value = 0.000, OR = 11.410 and value.

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